

AUDUBON GIRLS EARLY BIRD - 3/31/2025**AUDUBON****Results - GIRLS EARLY BIRD****....Event 3 Girls Shot Put**

7 Follmann, Courtney	Cam	30-05.75	28-09.00	2
8 Winchell, Elyse	Treynor	29-04.00	28-04.00	1
9 Larsen, Faith	Atlantic	32-09.00	28-02.00	
10 Evans, Rylee	MO Valley	29-06.00	28-00.00	
11 Anderson, Corinne	Heartland Christian	27-10.50	27-06.00	
12 Evans, Kaitlyn	MO Valley	29-05.00	27-02.00	
12 Benton, McKenna	Ikm-Manning	30-04.25	27-02.00	
14 Marcum, Ryley	MO Valley	26-08.25	26-08.00	
15 Trecker, Lily	Paton-Churdan		26-06.00	
16 Parker, Charlotte	Ahstw		26-03.00	
17 Magill, Addyson	Treynor	26-04.00	26-00.00	
18 Buffum, Jocelyn	MO Valley	26-00.00	25-10.00	
19 Schneider, Ana	Ikm-Manning	26-08.50	25-04.00	
20 Flores, Joanna	Heartland Christian	25-08.50	25-03.00	
21 Mason, Charlie	Coon Rapids-Bayard	28-00.00	25-02.00	
22 Knuth, Alivia	Atlantic	26-10.50	24-11.00	
23 Grashorn, Amelia	Treynor	24-06.00	24-09.00	
24 Garcia, Lexani	Heartland Christian	20-06.00	24-06.00	
25 Burg, Macy	Cam	22-01.75	24-03.00	
26 Derozier, Claire	Heartland Christian	25-09.00	23-11.00	
27 Rasmussen, Zoey	Audubon		23-07.00	
28 Christensen, Sarah	Ikm-Manning		23-01.00	
29 Wiskus, Katie	Coon Rapids-Bayard	25-00.00	22-03.00	
30 Gittins, Jersey	Tri-Center	22-04.25	22-02.00	
31 Petersen, Whitney	Audubon		21-11.00	
32 Wingert, Ella	Tri-Center	25-05.50	21-10.00	
33 Reiling, Izzy	Coon Rapids-Bayard	20-00.00	21-07.00	
34 Jenson, Ryleigh	Underwood		20-01.00	
34 Swagel, Jordyn	Audubon		20-01.00	
36 Heaton, Shelby	Ikm-Manning	21-01.25	19-11.00	
37 Carlile, Joeli	Audubon		18-06.00	
38 Berns, Maggie	Ar-We-Va		16-01.00	
39 Cappel, Tenley	Atlantic	16-09.50	15-05.00	
-- Berg, Morgan	Ar-We-Va		ND	

Event 4 Girls Discus Throw

Name	Year School	Seed	Finals	Points
1 Mathews, Delaney	Treynor	90-02	115-01.50	10
2 Follmann, Courtney	Cam	110-00	108-06.50	8
3 Mason, Maddy	Coon Rapids-Bayard	92-09	102-04	6
4 Carroll, Addison	Ahstw		98-02	5
5 Olson, Olivia	Atlantic	105-04	97-04	4
6 Wingert, Ella	Tri-Center		93-04	3
7 Barber, Lilly	Cam	98-00	92-08	2
8 Evans, Rylee	MO Valley	80-00	88-09	1
9 Greiner, Caitlin	Tri-Center		85-06	
10 Larsen, Faith	Atlantic	90-00	84-00	
11 Young, Liz	Treynor	65-02	83-02	
12 Smith, Alivya	Paton-Churdan	90-06	82-01	
13 Marcum, Ryley	MO Valley	78-00	80-02	
14 Benton, McKenna	Ikm-Manning		75-08	
15 Kerkhoff, Katie	Ikm-Manning		74-00	
16 Anderson, Corinne	Heartland Christian	71-08	73-07	

AUDUBON GIRLS EARLY BIRD - 3/31/2025**AUDUBON****Results - GIRLS EARLY BIRD****....Event 4 Girls Discus Throw**

17 Trecker, Lily	Paton-Churdan	75-04	72-02
18 Christensen, Sarah	Ikm-Manning		70-08.50
19 Gufford, Zoe	MO Valley	74-00	69-07.50
19 Parker, Charlotte	Ahstw		69-07.50
21 Winchell, Elyse	Treynor	70-06	68-09
22 Derozier, Claire	Heartland Christian	71-06	67-10
23 Lewis, Erin	MO Valley	62-00	67-05
24 Knuth, Alivia	Atlantic	65-10	67-04
25 Brand, Marie	Audubon		67-02.50
26 Flores, Joanna	Heartland Christian	76-09	65-09.50
27 Petersen, Whitney	Audubon		64-06.50
28 Berg, Morgan	Ar-We-Va		64-03
29 Grashorn, Amelia	Treynor	60-00	63-04
30 Mason, Carlie	Coon Rapids-Bayard	60-00	62-04.50
31 Rasmussen, Zoey	Audubon		61-08
32 Wiskus, Katie	Coon Rapids-Bayard	50-00	57-01
33 Schneider, Ana	Ikm-Manning		56-08
34 Jenson, Ryleigh	Underwood		55-11
34 Reiling, Izzy	Coon Rapids-Bayard	70-05	55-11
36 Burg, Macy	Cam	53-00	55-05
37 Gomez, Evelyn	Audubon		51-11
38 Gittins, Jersey	Tri-Center		50-05.50
39 Berns, Maggie	Ar-We-Va		46-10.50
40 Cappel, Tenley	Atlantic	34-06	42-07.50

Event 5 Girls 800 Sprint Medley

School	Seed	Finals	H#	Points
1 Ahstw 'A'	2:00.00	1:56.78	2	10
1) Dills, Caitlyn				
2) Wahling, Lorelei				
3) Buck, Brooklyn				
2 Tri-Center 'A'	1:56.27	1:57.20	2	8
1) Payne, Zohie				
2) Payne, Jozie				
3) Hazen, Sophia				
4) Casey, Tess				
3 Treynor 'A'	2:02.52	1:58.69	2	6
1) Kennedy, Ava				
2) Lascala, Lulu				
3) Hughey, Kennedy				
4) Knispel, Madeline				
4 Audubon 'A'	2:00.00	2:00.95	2	5
1) Snider, Brooklynn				
2) Inman, Liv				
3) Petersen, Taryn				
4) Brannan-Sporrer, Kadence				
5 Cam 'A'	2:05.87	2:05.45	2	4
1) Steffen, Brookelyn				
2) Venteicher, Gracie				
3) Richter, Maddie				
4) Rich, Ruthie				
6 Atlantic 'A'	2:07.17	2:07.08	2	3
1) Meyer, Emma				
2) Hagen, Taylee				
3) Phippen, Jersey				
4) Andersen, Abigail				
7 Ikm-Manning 'A'	2:04.57	2:07.16	2	2
1) Stangl, Anna				
2) Eischeid, Koagan				
3) Gawley, Laynie				
4) Rasmussen, Macy				
8 MO Valley 'A'	2:09.00	2:15.34	1	1
1) Meade, Dilynn				
2) Herman, Grace				
3) Tierney, Cymber				
4) Davis, Zoey				
9 Coon Rapids-Bayard 'A'	2:12.00	2:16.17	1	
1) Cook, Amelia				
2) Wiskus, Katie				

AUDUBON GIRLS EARLY BIRD - 3/31/2025**AUDUBON****Results - GIRLS EARLY BIRD****....Event 5 Girls 800 Sprint Medley**

3) Andersen, Caiti	4) Heithoff, Ella	2:23.84	1
10 Heartland Christian 'A'			
1) Flores, Joanna	2) Wilterdink, Adalie		
3) Garcia, Lexani	4) Utz, Gracie	2:24.78	2:27.12
11 Paton-Churdan 'A'			1
1) Miller, Holly	2) Tasler, Ella		
3) Minnihan, Kaliyah	4) Hirsch, Isabella	5:20.00	2:30.10
12 Logan Magnolia 'A'			1
1) Monico, Milie	2) Montemayor, Olivia		
3) Vana, Natalie	4) Thornson, Jaida	1:56.51	DQ
-- Underwood 'A'			2
1) Hull, Tieler	2) Stangl, Haley		
3) Buckholdt, Isabella	4) Adams, Ally		

Event 6 Girls 3000 Meter Run

Name	Year School	Seed	Finals	Points
1 Steinmetz, Grace	Heartland Christian	11:40.00	11:13.90	10
2 Diehm, Keira	Heartland Christian	11:50.00	11:27.92	8
3 Johnsen, Allysén	Logan Magnolia	11:09.00	11:48.08	6
4 Miller, Anne	Treynor	11:44.23	12:09.74	5
5 Thomas, Ryleigh	Treynor	12:55.84	12:13.31	4
6 Boden, Addison	Tri-Center		12:58.90	3
7 Mausbach, Elsie	Treynor	14:05.50	13:32.72	2
8 Brockhoff, Emery	Ahstw		14:30.69	1
9 Olson, Alexis	Ikm-Manning		15:32.84	
10 Tasler, Ella	Paton-Churdan	16:06.01	17:34.09	

Event 7 Girls 4x800 Meter Relay

School	Seed	Finals	Points
1 Treynor 'A'	10:50.50	10:56.02	10
1) Miller, Emma	2) Boswell, Jordyn		
3) Kerkmann, Madalyn	4) White, Cora		
2 Ikm-Manning 'A'	11:00.00	11:12.21	8
1) Beckendorf, Taylor	2) Bandow, Katelyn		
3) Garrison, Raegan	4) Bandow, Addisyn		
3 MO Valley 'A'	11:25.00	11:46.41	6
1) Handlos, Lily	2) Hansen, Ava		
3) Wilson, Keturah	4) Wilson, Louisa		
4 Audubon 'A'		11:56.28	5
1) King, Maya	2) Miller, Riley		
3) Stanerson, Lucy	4) Dreher, Katelyn		

Event 8 Girls 4x100 Meter Shuttle Hurdle

School	Seed	Finals	H#	Points
1 Treynor 'A'	1:11.82	1:09.81	2	10
1) Zadalis, Zoey	2) Konz, Nora			
3) Sornson, Stella	4) Hemmingsen, Rylee			
2 Atlantic 'A'	1:12.00	1:12.42	2	8
1) Botos, Morgan	2) Bruce, Adler			

AUDUBON GIRLS EARLY BIRD - 3/31/2025**AUDUBON****Results - GIRLS EARLY BIRD****....Event 8 Girls 4x100 Meter Shuttle Hurdle**

3) Jones, Emerie	4) Reed, Jayci	1:12.21	1:12.51	1	6
3 Underwood 'A'					
1) Gangwish, Lexi	2) Bret, Trinity				
3) Leaders, Mallorie	4) Irwin, Maddy				
4 Cam 'A'		1:13.00	1:13.11	1	5
1) Hansen, Ada	2) Steffen, Brookelyn				
3) Lillard, Bailey	4) Rich, Ruthie				
5 Logan Magnolia 'A'		1:15.00	1:14.48	1	4
1) Stone, Gracyn	2) Carritt, Teagan				
3) Sloan, Ava	4) Knauss, Kaiya				
6 Coon Rapids-Bayard 'A'		1:12.00	1:14.50	2	3
1) Cook, Lauren	2) Eddy, Amelia				
3) Hofbauer, Aubrey	4) Clayburg, Malia				
7 MO Valley 'A'		1:11.74	1:15.84	2	2
1) Gute, Lea	2) Herman, Grace				
3) Parrott, Mackenzie	4) Miller, Hailey				
8 Ikm-Manning 'A'		1:15.00	1:17.07	1	1
1) Carroll, Grace	2) Meiners, Oriah				
3) Stangl, Anna	4) Linde, Olivia				

Event 9 Girls 100 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Buckholdt, Isabella	Underwood	13.00	13.12	6	10
2 Van Aernam, Stellan	Atlantic	13.42	13.48	6	8
3 Rasmussen, Caylie	Ikm-Manning	13.35	13.60	6	6
4 Cook, Lauren	Coon Rapids-Bayard	13.54	13.83	6	5
5 Wahling, Lorelei	Ahstw	13.92	13.84	5	4
6 Hart, Anna	Coon Rapids-Bayard	13.54	13.92	6	3
7 Cook, Claire	Treynor	14.52	14.01	5	2
8 Bettles, Nevara	Underwood	13.20	14.08	6	1
9 Hundling, Gabrielle	Ar-We-Va		14.16	2	
10 Burg, Payton	Atlantic	13.81	14.20	6	
11 Richter, Maddie	Cam	15.00	14.33	4	
12 Putnam, Paige	Treynor	14.96	14.37	4	
13 Kinsella, Ellie	Treynor	14.31	14.41	5	
14 Dills, Caitlyn	Ahstw	14.24	14.42	5	
15 Kennedy, Ava	Treynor	14.85	14.44	4	
16 Cook, Amelia	Coon Rapids-Bayard	14.00	14.51	5	
17 Meade, Dilynn	MO Valley	13.94	14.54	5	
18 Limpp, Josie	Underwood	14.72	14.60	5	
19 Gawley, Laynie	Ikm-Manning	13.90	14.90	6	
20 Tiffey, Shelbie	MO Valley	15.80	14.92	4	
21 Stokes, Natalee	Ahstw	16.00	14.93	4	
22 Childers, Emma	Underwood	14.50	15.16	5	
23 Wingert, Kara	Tri-Center		15.22	2	
24 Baier, Haddley	Atlantic	14.95	15.51	4	
25 Myers, Madelyn	Atlantic	14.87	15.57	4	
26 Berg, Morgan	Ar-We-Va		15.59	2	
27 Petersen, Whitney	Audubon		15.65	3	
28 Capello, Neisa	Heartland Christian	16.00	15.89	4	
29 Wingert, Ella	Tri-Center		16.17	1	
30 Utz, Gracie	Heartland Christian	17.00	16.45	3	
31 Mason, Carrie	Coon Rapids-Bayard		16.49	2	

AUDUBON GIRLS EARLY BIRD - 3/31/2025**AUDUBON****Results - GIRLS EARLY BIRD****....Event 9 Girls 100 Meter Dash**

31 Myers, Rayna	Ahstw	16.03	16.49	3
33 Geake, Claire	Ar-We-Va		16.57	3
34 Garcia, Lexani	Heartland Christian	18.00	16.86	3
35 Erwin, Riley	Tri-Center		16.90	1
36 Gittins, Jersey	Tri-Center		17.23	2
37 Wilterdink, Adalie	Heartland Christian	16.80	17.29	3
38 Swagel, Jordyn	Audubon		17.31	1
39 Gomez, Evelyn	Audubon		17.46	2
40 Helguera, Breanna	Ar-We-Va		17.58	1
41 Capper, Addysen	Ikm-Manning		17.61	2
42 Carlile, Joei	Audubon		17.95	3
43 Morford, Lily	Cam	22.00	19.35	3
44 Carter, Zoey	Ikm-Manning		21.38	2

Event 10 Girls Distance Medley

School	Seed	Finals	H#	Points
1 Treynor 'A'	4:40.37	4:36.70	2	10
1) Meyers, Josie	2) Lascala, Lulu			
3) Konz, Nora	4) Knispel, Madeline			
2 Atlantic 'A'	4:50.49	4:37.25	2	8
1) Huffman, Hailey	2) Middents, Allison			
3) Botos, Morgan	4) Williams, Katrina			
3 Ahstw 'A'	5:00.00	4:47.18	2	6
1) Lee, Brooke	2) Wyman, Kennedy			
3) Brockhoff, Emery	4) Goshorn, Macey			
4 Logan Magnolia 'A'		4:50.98	1	5
1) Carritt, Teagan	2) Heim, Zoe			
3) Hall, Haedyn	4) Rowe, Ava			
5 Audubon 'A'	4:45.00	4:52.61	2	4
1) Petersen, Jaelynn	2) Inman, Liv			
3) Petersen, Taryn	4) Brannan-Sporrer, Kadence			
6 Heartland Christian 'A'	5:01.00	4:54.33	2	3
1) Steinmetz, Ava	2) Behrens, Aubrey			
3) Diehm, Keira	4) Steinmetz, Grace			
7 Tri-Center 'A'	4:38.25	5:14.65	2	2
1) McCool, Miyah	2) Wingert, Kara			
3) Greiner, Caitlin	4) Bodcn, Addison			
8 Ikm-Manning 'A'	4:55.00	5:21.60	2	1
1) Arp, Karlee	2) Rasmussen, Macy			
3) Eischeid, Keagan	4) Beckendorf, Kori			
9 Coon Rapids-Bayard 'A'	5:12.00	5:22.56	2	
1) Andersen, Caiti	2) Wiskus, Alison			
3) Thomas, Rylie	4) Thomas, Reegan			
10 Cam 'A'	5:45.00	5:39.72	1	
1) South, Nadia	2) Venteicher, Gracie			
3) Wittrock, Bailey	4) Chaney, Lyndsey			
11 Paton-Churdan 'A'	5:50.27	6:25.91	1	
1) Minnihan, Kaliyah	2) Miller, Holly			
3) Hirsch, Isabella	4) Tasler, Ella			

AUDUBON GIRLS EARLY BIRD - 3/31/2025

AUDUBON

Results - GIRLS EARLY BIRD

Event 11 Girls 400 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Adams, Ally	Underwood	1:02.43	1:01.66	4	10
2 Lamp, Bella	Ahstw	1:03.78	1:03.50	4	8
3 Sornson, Stella	Treynor	1:05.71	1:04.37	4	6
4 Wiederstein, Lila	Atlantic	1:06.39	1:05.53	4	5
5 Kerkmann, Madalyn	Treynor	1:08.75	1:06.87	4	4
6 Dittmer, Reese	Tri-Center	1:07.24	1:07.89	4	3
7 Boysen, Leah	Audubon	1:12.00	1:09.14	3	2
8 Bandow, Katelyn	Ikm-Manning	1:10.64	1:10.28	3	1
9 Lander, Yana	Ahstw	1:12.77	1:11.74	3	
10 Pedersen, Addison	Treynor	1:15.96	1:11.84	2	
11 Stanerson, Lucy	Audubon	1:11.00	1:11.89	3	
11 Boswell, Jordyn	Treynor	1:09.86	1:11.89	4	
13 Behrens, Brylie	Coon Rapids-Bayard	1:11.00	1:12.04	3	
14 Comes, Claire	Atlantic	1:11.77	1:12.09	3	
15 Spangler, Adalynn	Coon Rapids-Bayard	1:18.00	1:12.49	2	
16 Montelongo, Ava	Underwood	1:11.00	1:12.57	3	
17 Rold, Maeleigh	Ahstw	1:13.09	1:13.44	2	
18 King, Maya	Audubon	1:15.00	1:13.98	2	
19 Miller, Riley	Audubon	1:16.00	1:14.85	2	
20 Rohe, Grace	Ikm-Manning	1:18.00	1:15.62	2	
21 Handlos, Lily	MO Valley	1:10.00	1:15.66	3	
22 Cuadrupani, Alicia	Ikm-Manning	1:25.00	1:16.17	2	
23 Smith, Avery	Underwood	1:09.00	1:16.37	4	
24 Gonzalez, Noelia	Ar-We-Va		1:20.81	1	
25 Geake, Claire	Ar-We-Va		1:22.96	1	
26 Erwin, Riley	Tri-Center	1:30.03	1:24.32	1	
27 Faircloth, Ella	Logan Magnolia		1:24.94	1	
28 Myers, Rayna	Ahstw	1:17.48	1:25.65	2	
29 Polzien, Sarah	Ikm-Manning	1:26.60	1:27.08	1	

Event 12 Girls 4x200 Meter Relay

School	Seed	Finals	H#	Points
1 Underwood 'A'	1:47.80	1:51.20	2	10
1) Bettles, Nevara				
2) Roberts, Ainsley				
3) Stangl, Haley				
4) Buckholdt, Isabella		1:53.44	1	8
2 Tri-Center 'A'				
1) Payne, Zohie				
2) Hazen, Sophia				
3) Payne, Jozie				
4) Casey, Tess				
3 Ikm-Manning 'A'	1:53.00	1:54.36	2	6
1) Beckendorf, Taylor				
2) Carroll, Grace				
3) Meiners, Oriah				
4) Rasmussen, Caylie				
4 Treynor 'A'	1:56.45	1:55.08	2	5
1) Kinsella, Ellie				
2) Cook, Claire				
3) Zadalis, Zoey				
4) Putnam, Paige				
5 Coon Rapids-Bayard 'A'	1:56.00	1:58.63	2	4
1) Cook, Lauren				
2) Eddy, Amelia				
3) Clayburg, Malia				
4) Hart, Anna				
6 Ahstw 'A'	1:58.20	1:59.87	2	3
1) Lee, Brooke				
2) Buck, Brooklyn				
3) Paulsen, Ava				
4) Goshorn, Macey				
7 Atlantic 'A'	1:58.77	2:02.13	2	2

AUDUBON GIRLS EARLY BIRD - 3/31/2025

AUDUBON

Results - GIRLS EARLY BIRD

....Event 12 Girls 4x200 Meter Relay

1) Meyer, Emma	2) Hagen, Taylee			
3) Phippen, Jersey	4) Burg, Payton			
8 Audubon 'A'		2:04.28	1	1
1) Snider, Brooklynn	2) Rasmussen, Zoey			
3) Dreher, Katelyn	4) Brand, Marie			
9 Logan Magnolia 'A'		2:25.00	2:10.24	1
1) Monico, Milie	2) Thornson, Jaida			
3) Guritz, Abyagail	4) Stone, Gracyn			
10 Heartland Christian 'A'		2:10.39	2:22.23	2
1) Behrens, Aubrey	2) Diehm, Keira			
3) Derozier, Claire	4) Wilterdink, Adalie			

Event 13 Girls 100 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
1 Hemmingsen, Rylee	Treyvor	16.51	15.82	5	10
2 Hansen, Ada	Cam	16.75	16.21	5	8
3 Reed, Jayci	Atlantic	15.58	16.68	5	6
4 Hughey, Kennedy	Treyvor	17.26	17.02	5	5
5 Gangwish, Lexi	Underwood	17.20	17.41	5	4
6 Payne, Zohie	Tri-Center	16.55	17.44	5	3
7 Rich, Ruthie	Cam	17.53	17.53	4	2
8 Irwin, Maddy	Underwood	16.80	18.05	5	1
9 Sloan, Ava	Logan Magnolia	18.58	18.26	3	
10 Jones, Emerie	Atlantic	18.19	18.41	4	
10 Knauss, Kaiya	Logan Magnolia	18.32	18.41	3	
12 Petersen, Taryn	Audubon		18.46	1	
13 Botos, Morgan	Atlantic	16.72	18.47	5	
14 Bruce, Adler	Atlantic	17.88	18.50	4	
15 Lillard, Bailey	Cam	17.32	18.57	4	
16 Wyman, Kennedy	Ahstw	18.90	18.73	3	
17 Linde, Olivia	Ikm-Manning	17.40	18.94	4	
18 Miller, Hailey	MO Valley	18.13	19.13	4	
19 Carroll, Grace	Ikm-Manning	19.00	19.51	3	
20 Ragaller, Amber	Ar-We-Va		19.65	1	
21 Gute, Lea	MO Valley	17.66	19.68	4	
22 McIntosh, Adaline	Ahstw	18.89	19.85	3	
23 Miller, Emma	Treyvor	18.86	20.00	3	
24 Cook, Amelia	Coon Rapids-Bayard		20.06	1	
25 Hofbauer, Aubrey	Coon Rapids-Bayard	19.52	20.62	2	
26 Tierney, Cymber	MO Valley	19.50	20.71	2	
27 Steffen, Brookelyn	Cam	20.00	20.92	2	
28 Meyers, Josie	Treyvor	18.29	20.93	3	
29 Irwin, Ruby	Underwood	19.37	21.29	2	
30 McCool, Miyah	Tri-Center		21.39	1	
31 Miller, Holly	Paton-Churdan		21.45	1	
32 Meiners, Oriah	Ikm-Manning	20.00	21.76	2	
33 Steinmetz, Ava	Heartland Christian	19.96	21.93	2	
34 Capello, Neisa	Heartland Christian		22.81	1	
35 Longmeyer, Blair	Underwood	19.00	23.91	3	
36 Lander, Yana	Ahstw	20.00	24.02	2	
37 Flores, Joanna	Heartland Christian	21.22	24.76	2	

AUDUBON GIRLS EARLY BIRD - 3/31/2025**AUDUBON****Results - GIRLS EARLY BIRD****Event 14 Girls 800 Meter Run**

Name	Year School	Seed	Finals	H#	Points
1 Steinmetz, Grace	Heartland Christian	2:32.23	2:33.54	2	10
2 Paulsen, Ava	Ahstw	2:39.48	2:36.08	2	8
3 Bandow, Addisyn	Ikm-Manning	2:40.17	2:38.06	2	6
4 Dittmer, Reese	Tri-Center	2:44.47	2:45.41	2	5
5 Hundling, Gabrielle	Ar-We-Va		2:47.07	1	4
6 Hazen, Sophia	Tri-Center		2:48.30	1	3
7 Boswell, Jordyn	Treynor	2:47.85	2:49.15	2	2
8 White, Cora	Treynor	2:50.50	2:54.11	2	1
9 Brockhoff, Emery	Ahstw	2:45.00	2:56.28	2	
10 Inman, Liv	Audubon		2:56.86	1	
11 Boysen, Leah	Audubon		3:01.94	1	
12 Mausbach, Elsie	Treynor	3:00.00	3:02.37	2	
13 Miller, Riley	Audubon		3:02.49	1	
14 King, Maya	Audubon		3:03.66	1	
15 Hansen, Ava	MO Valley	2:50.00	3:03.70	2	
16 Thomas, Reegan	Coon Rapids-Bayard	2:53.00	3:05.69	2	
17 Chaney, Lyndsey	Cam	3:00.00	3:05.76	2	
18 Lamp, Brynn	Atlantic	3:04.79	3:08.05	2	
19 Boden, Addison	Tri-Center		3:08.63	1	
20 Ferris, Bristol	MO Valley	2:57.00	3:08.87	2	
21 Fate, Cicilia	Treynor	3:01.00	3:09.60	2	
22 Davis, Zoey	MO Valley	2:57.00	3:10.04	2	
23 Rudy, Callie	Atlantic	3:04.80	3:10.79	2	
24 Muhlbauer, Audrey	Ikm-Manning		3:19.06	1	
25 Kierscht, Madee	MO Valley	3:07.00	3:24.67	1	
26 Hobbs, Cat	Paton-Churdan		3:36.35	1	

Event 15 Girls 200 Meter Dash

Name	Year School	Seed	Finals	H#	Points
1 Casey, Tess	Tri-Center	27.02	27.65	6	10
2 Sornson, Stella	Treynor	29.03	28.73	6	8
3 Meyers, Josie	Treynor	29.32	28.79	5	6
4 Huffman, Hailey	Atlantic	27.39	28.86	6	5
5 Hull, Tieler	Underwood	28.90	28.94	6	4
6 Rasmussen, Caylie	Ikm-Manning	28.00	29.40	6	3
7 Hart, Anna	Coon Rapids-Bayard	28.81	29.43	6	2
8 Arp, Karlee	Ikm-Manning	29.00	29.75	6	1
9 Zadalis, Zoey	Treynor	29.54	30.11	5	
10 Smith, Avery	Underwood	29.50	30.32	5	
11 Limpp, Josie	Underwood	31.49	30.80	4	
12 Mixon, Gianna	Atlantic	30.13	31.08	5	
13 Buck, Brooklyn	Ahstw	29.00	31.09	6	
14 Bandow, Katelyn	Ikm-Manning	29.50	31.44	5	
15 Montelongo, Ava	Underwood	30.91	31.45	4	
16 Nowatzke, Jaydin	Atlantic	31.15	31.63	4	
17 Stokes, Natalee	Ahstw	33.89	31.73	3	
18 Tiffey, Shelbie	MO Valley	31.40	32.18	4	
19 Snider, Brooklynn	Audubon	31.00	32.29	4	
20 Rasmussen, Zoey	Audubon	33.00	32.30	3	
21 Beckendorf, Kori	Ikm-Manning	34.00	32.32	3	
22 Wingert, Kara	Tri-Center	30.88	32.56	5	

AUDUBON GIRLS EARLY BIRD - 3/31/2025**AUDUBON****Results - GIRLS EARLY BIRD****....Event 15 Girls 200 Meter Dash**

22 Rold, Maeleigh	Ahstw	33.29	32.56	3
24 Petersen, Whitney	Audubon	33.00	32.58	3
25 Kastner, Lindsey	Logan Magnolia		32.77	2
26 Behrens, Aubrey	Heartland Christian	31.86	32.88	4
26 McCool, Miyah	Tri-Center		32.88	1
28 Thomas, Rylie	Coon Rapids-Bayard	30.50	33.05	5
29 Baier, Haddley	Atlantic	32.31	33.24	4
30 Wiskus, Alison	Coon Rapids-Bayard		34.05	1
31 Wittrock, Bailey	Cam	35.00	34.24	3
32 Capello, Neisa	Heartland Christian	33.00	34.31	4
33 Utz, Gracie	Heartland Christian	34.61	34.45	3
34 Wiskus, Katie	Coon Rapids-Bayard		34.54	2
35 Gonzalez, Noelia	Ar-We-Va		34.70	1
36 Myers, Rayna	Ahstw	33.34	35.17	3
37 Foran, Emily	Audubon	35.00	35.21	2
38 Garcia, Lexani	Heartland Christian	35.95	35.83	2
39 Erwin, Riley	Tri-Center		35.95	2
40 Geake, Claire	Ar-We-Va		35.99	2
41 Berns, Maggie	Ar-We-Va		38.92	1
42 Helguera, Breanna	Ar-We-Va		39.05	1

Event 16 Girls 400 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
1 Hansen, Ada	Cam	1:08.00	1:07.21	2	10
2 Lamp, Bella	Ahstw	1:12.00	1:09.31	2	8
3 Konz, Nora	Treydor	1:15.20	1:11.14	2	6
4 Miller, Emma	Treydor	1:20.13	1:18.14	1	5
5 Steinmetz, Ava	Heartland Christian	1:21.00	1:19.31	1	4
6 Knauss, Kaiya	Logan Magnolia	1:13.00	1:20.10	2	3
7 Stangl, Anna	Ikm-Manning	1:16.00	1:21.18	2	2
8 Bret, Trinity	Underwood	1:18.00	1:21.92	2	1
9 McIntosh, Adaline	Ahstw	1:22.66	1:22.11	1	
10 Ragaller, Amber	Ar-We-Va		1:22.16	1	
11 Leaders, Mallorie	Underwood	1:18.00	1:22.93	1	
12 Heithoff, Ella	Coon Rapids-Bayard	1:18.00	1:25.47	2	
13 Childers, Emma	Underwood	1:16.81	1:26.53	2	
14 Monico, Milie	Logan Magnolia		1:31.96	1	

Event 17 Girls 1500 Meter Run

Name	Year School	Seed	Finals	Points
1 Steinmetz, Grace	Heartland Christian	5:20.00	5:17.87	10
2 Diehm, Keira	Heartland Christian	5:26.00	5:24.25	8
3 Knispel, Madeline	Treydor	5:16.84	5:30.65	6
4 Kerkmann, Madalyn	Treydor	5:25.72	5:33.81	5
5 Miller, Anne	Treydor	5:50.20	5:45.26	4
6 Williams, Katrina	Atlantic	5:54.75	5:48.07	3
7 Thomas, Ryleigh	Treydor	6:03.18	5:51.30	2
8 Dittmer, Reese	Tri-Center		5:53.76	1
9 Garrison, Raegan	Ikm-Manning	6:14.88	5:55.38	
10 Rowe, Ava	Logan Magnolia	6:46.00	6:00.11	
11 Comes, Claire	Atlantic	6:10.00	6:13.76	

AUDUBON GIRLS EARLY BIRD - 3/31/2025

AUDUBON

Results - GIRLS EARLY BIRD

....Event 17 Girls 1500 Meter Run

12 Wilson, Keturah	MO Valley	6:04.00	6:24.29
13 Carroll, Addison	Ahstw		6:31.64
14 Boysen, Leah	Audubon		6:31.85
15 Shada, Lynnai	MO Valley	6:24.00	6:54.88
16 Olson, Alexis	Ikm-Manning	6:00.63	6:56.71
17 Birke, Laynee	MO Valley	6:30.00	7:02.27
18 Gutzmer, Abigail	MO Valley	6:20.00	7:05.45
19 Pattee, Ali	Underwood		7:12.95
20 Herzberg, Sophie	Cam	7:30.00	7:18.47

Event 18 Girls 4x100 Meter Relay

School	Seed	Finals	H#	Points
1 Atlantic 'A'	51.85	51.78	2	10
1) Huffman, Hailey				
3) Middents, Allison				
2) Reed, Jayci				
4) Wiederstein, Lila				
2 Underwood 'A'	52.34	51.92	2	8
1) Hull, Tieler				
3) Stangl, Haley				
2) Roberts, Ainsley				
4) Buckholdt, Isabella				
3 Tri-Center 'A'		53.70	1	6
1) Payne, Zohie				
3) Hazen, Sophia				
2) Payne, Jozie				
4) Casey, Tess				
4 Ikm-Manning 'A'	53.00	54.38	2	5
1) Linde, Olivia				
3) Meiners, Oriah				
2) Carroll, Grace				
4) Rasmussen, Caylie				
5 Treynor 'A'	56.50	54.97	2	4
1) Kennedy, Ava				
3) Lascala, Lulu				
2) Zadalis, Zoey				
4) Cook, Claire				
6 Ahstw 'A'	54.70	55.45	2	3
1) Dills, Caitlyn				
3) Lee, Brooke				
2) Wahling, Lorelei				
4) Buck, Brooklyn				
7 Coon Rapids-Bayard 'A'	55.93	55.76	2	2
1) Cook, Lauren				
3) Clayburg, Malia				
2) Eddy, Amelia				
4) Hart, Anna				
8 Cam 'A'	58.00	56.87	2	1
1) Richter, Maddie				
3) Venteicher, Gracie				
2) Lillard, Bailey				
4) Follmann, Courtney				
9 Audubon 'A'		58.44	1	
1) Snider, Brooklynn				
3) Inman, Liv				
2) Petersen, Jaelynn				
4) Stanerson, Lucy				
10 Paton-Churdan 'A'	1:02.73	1:05.28	2	
1) Hirsch, Isabella				
3) Tasler, Ella				
2) Miller, Holly				
4) Minnihan, Kaliyah				
11 Heartland Christian 'A'		1:07.64	1	
1) Capello, Neisa				
3) Derozier, Claire				
2) Anderson, Corinne				
4) Utz, Gracie				

Event 19 Girls 4x400 Meter Relay

School	Seed	Finals	H#	Points
1 Ahstw 'A'	4:40.00	4:28.20	1	10
1) Wyman, Kennedy				
3) Lander, Yana				
2) Goshorn, Macey				
4) Paulsen, Ava				

AUDUBON GIRLS EARLY BIRD - 3/31/2025**AUDUBON****Results - GIRLS EARLY BIRD****....Event 19 Girls 4x400 Meter Relay**

2	Treynor 'A'	4:32.59	4:29.92	2	8
	1) Kinsella, Ellie			2) Hemmingsen, Rylee	
	3) Hughey, Kennedy			4) Putnam, Paige	
3	Ikm-Manning 'A'	4:28.00	4:32.08	2	6
	1) Beckendorf, Taylor			2) Arp, Karlee	
	3) Gawley, Laynie			4) Bandow, Addisyn	
4	Underwood 'A'	4:27.18	4:33.15	2	5
	1) Adams, Ally			2) Irwin, Maddy	
	3) Roberts, Ainsley			4) Stangl, Haley	
5	Audubon 'A'	4:35.00	4:33.82	2	4
	1) Petersen, Taryn			2) Brannan-Sporrer, Kadence	
	3) Dreher, Katelyn			4) Brand, Marie	
6	Atlantic 'A'	4:45.00	4:57.95	1	3
	1) Van Aernam, Stellan			2) Andersen, Abigail	
	3) Rudy, Callie			4) Lamp, Brynn	
7	Coon Rapids-Bayard 'A'	5:00.00	5:12.32	1	2
	1) Wiskus, Alison			2) Spangler, Adalynn	
	3) Andersen, Caiti			4) Behrens, Brylie	
8	Tri-Center 'A'	4:17.43	5:22.63	2	1
	1) Greiner, Caitlin			2) Wingert, Kara	
	3) Boden, Addison			4) Dittmer, Reese	

Women - Team Rankings - 19 Events Scored

1) Treynor	169	2) Atlantic	84
3) UNDERWOOD	73	4) AHSTW	71
5) Tri-Center	68	6) Heartland Christian	53
7) IKM-Manning	52	8) CAM	45
9) Coon Rapids-Bayard	41	10) Logan Magnolia	25
11) Audubon	24	12) MO Valley	10
13) Ar-We-Va	7		

AUDUBON GIRLS EARLY BIRD - 3/31/2025**AUDUBON
Results - GIRLS EARLY BIRD****Event 1 Girls High Jump**

Name	Year School	Seed	Finals	Points
Finals				
1 Hemmingsen, Rylee	Treynor	4-06.00	J4-10.00	1
2 Adams, Ally	Underwood	4-10.00	J4-08.00	8
3 Clayburg, Malia	Coon Rapids-Bayard	5-03.00	J4-08.00	6
4 Kiger, Maria	Logan Magnolia	5-00.00	J4-08.00	5
5 Linde, Olivia	Ikm-Manning	4-10.00	J4-08.00	4
6 Petersen, Jaelynn	Audubon		J4-08.00	3
7 Bruce, Adler	Atlantic	4-07.75	J4-08.00	2
8 Williams, Katrina	Atlantic	4-04.00	J4-06.00	1
-- Nowatzke, Jaydin	Atlantic	4-00.00	NH	
-- Myers, Madelyn	Atlantic	4-00.00	NH	
-- Irwin, Ruby	Underwood	4-08.00	NH	
-- Longmeyer, Blair	Underwood	4-04.00	NH	
-- Konz, Nora	Treynor	4-06.00	NH	
-- Steinmetz, Ava	Heartland Christian	4-06.00	NH	

Event 2 Girls Long Jump

Name	Year School	Seed	Finals	Points
1 Wiederstein, Lila	Atlantic	17-02.00	15-11.00	10
2 Payne, Jozie	Tri-Center	15-09.75	15-00.00	8
3 Cook, Claire	Treynor	13-09.00	14-09.75	6
4 Bettes, Nevara	Underwood	14-04.50	14-05.50	5
5 Sornson, Stella	Treynor	13-04.00	14-04.00	4
6 Hundling, Gabrielle	Ar-We-Va		14-00.75	3
7 Stone, Gracyn	Logan Magnolia		13-09.75	2
8 Hughey, Kennedy	Treynor	13-08.50	13-05.25	1
9 Lee, Brooke	Ahstw		13-00.50	
10 Meyers, Josie	Treynor	13-03.00	12-11.50	
10 Minnihan, Kaliyah	Paton-Churdan		12-11.50	
12 Stangl, Anna	Ikm-Manning	13-06.50	12-08.75	
13 Ragaller, Amber	Ar-We-Va		12-06.75	
14 Arp, Karlee	Ikm-Manning	12-11.25	12-06.00	
15 Stanerson, Lucy	Audubon		12-01.25	
16 Cuadrupani, Alicia	Ikm-Manning		11-04.25	
17 Behrens, Aubrey	Heartland Christian	11-05.00	11-03.75	
18 McIntosh, Adaline	Ahstw		11-02.00	
19 Foran, Emily	Audubon		10-10.50	
20 Wilterdink, Adalie	Heartland Christian	10-07.00	9-07.50	
21 Hagen, Taylee	Atlantic	15-02.00	8-02.00	
22 Morford, Lily	Cam	9-00.00	6-07.00	

Event 3 Girls Shot Put

Name	Year School	Seed	Finals	Points
1 Mathews, Delaney	Treynor	36-00.00	36-10.00	10
2 Mason, Maddy	Coon Rapids-Bayard	35-00.00	33-04.00	8
3 Olson, Olivia	Atlantic	32-11.00	33-00.00	6
4 Carroll, Addison	Ahstw		32-01.00	5
5 Greiner, Caitlin	Tri-Center	32-04.75	31-02.00	4
6 Barber, Lilly	Cam	28-00.00	30-02.00	3